

**Lane County Health & Human Services
Problem Gambling Prevention Program
'Know the Rules of the Game'**



Ideas to Supplement Gambling Prevention Workshop

The following ideas are some projects for students to do after (or before) their involvement in the gambling prevention presentation:

- ◆ **Watch for advertisements** online or on TV, radio, or billboards on gambling. What messages are these ads trying to convey about gambling and how might these messages affect attitudes and behaviors towards gambling? (Have students report to class on what they have seen or read.)
- ◆ **Interview someone** who has had a gambling problem. Find out what activities they did and what kind of reactions they had while gambling. What were the consequences of their problem? What advice would he/she give others about gambling?
- ◆ **Go online or to the library** and find out what kind of information is available about the subject of gambling. Find gambling-related articles in popular e-zines, journals, or magazines. Report back to the class about what you learned.
- ◆ **Suggest more website content** for our youth gambling pages on www.lanecounty.org/prevention/gambling.
- ◆ **Write a paragraph about advice** that they would give to a friend who is thinking about gambling, given what they have learned. If you think gambling might be safe for that person, how could he/she gamble responsibly?
- ◆ **Research and write an article** on teen gambling for the school newspaper or class assignment.
- ◆ **Write a letter to the editor** of a local paper (Register-Guard, Eugene Weekly, or other paper) about why problem gambling, either through prevention or treatment, should be addressed.
- ◆ **Develop a school display, poster, or web page** highlighting the issues around problem gambling.
- ◆ **In class, have a debate** about the positives and negatives of gambling.

If you would like any additional information or resources for this or other gambling-related projects, or if you have any comments or suggestions of your own, contact Julie Hynes, Problem Gambling Prevention Coordinator, at 541.682.3928 or email Julie.Hynes@co.lane.or.us.

Thank you!