



Gambling: When it's no longer just a game...

Washington County Department of Health and Human Services

Youth...

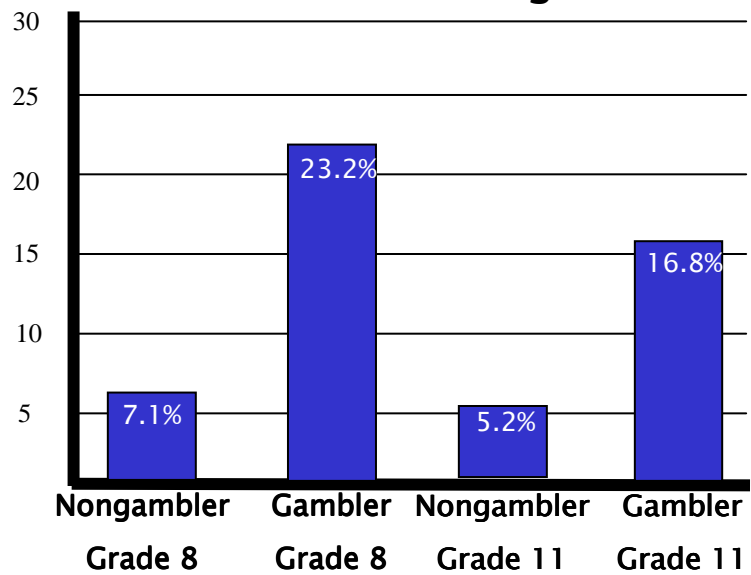




1. Internet (no money)
2. Cards
3. Sports Bet

Canon

Carried a Handgun



ISO

FUNC.
SET

MF

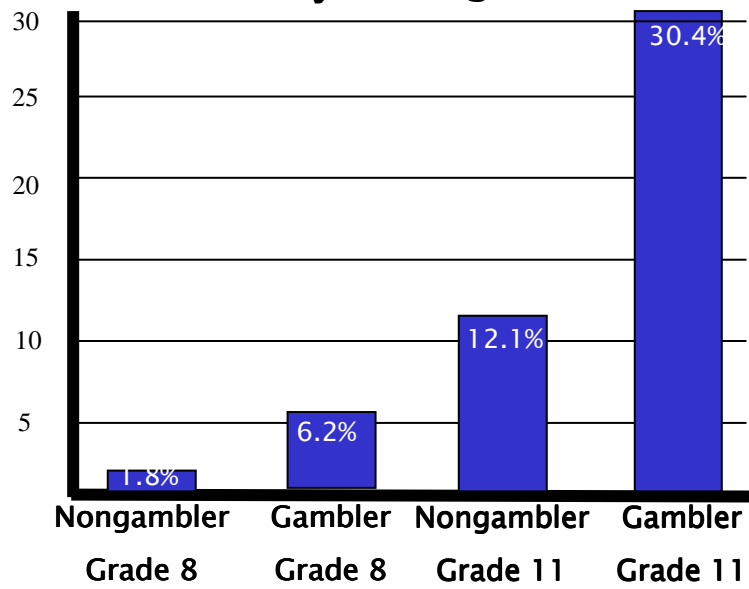


DISP.

MENU

Canon

Physical Fight



ISO

FUNC.
SET

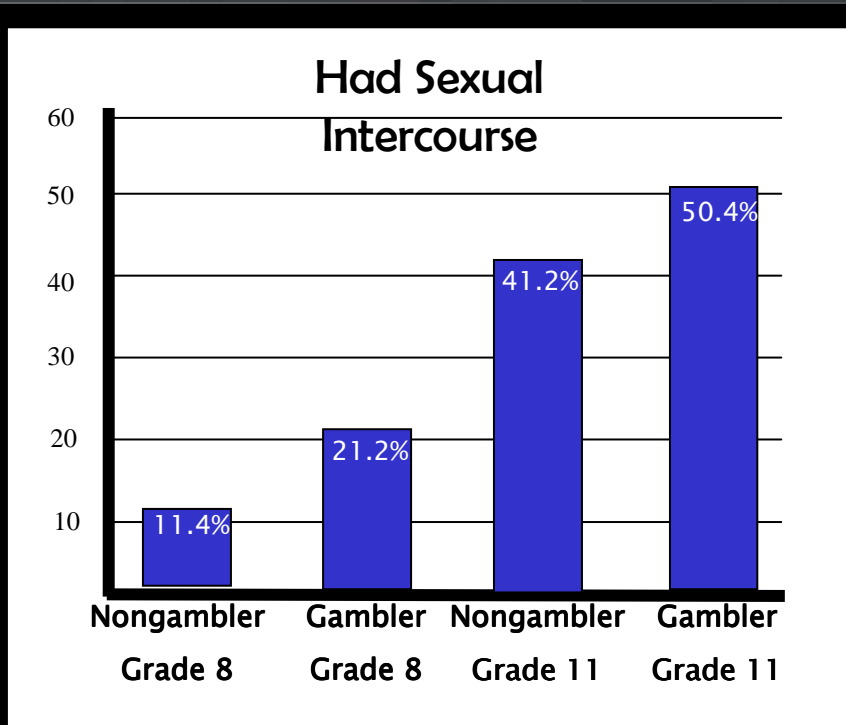
MF



DISP.

MENU

Canon



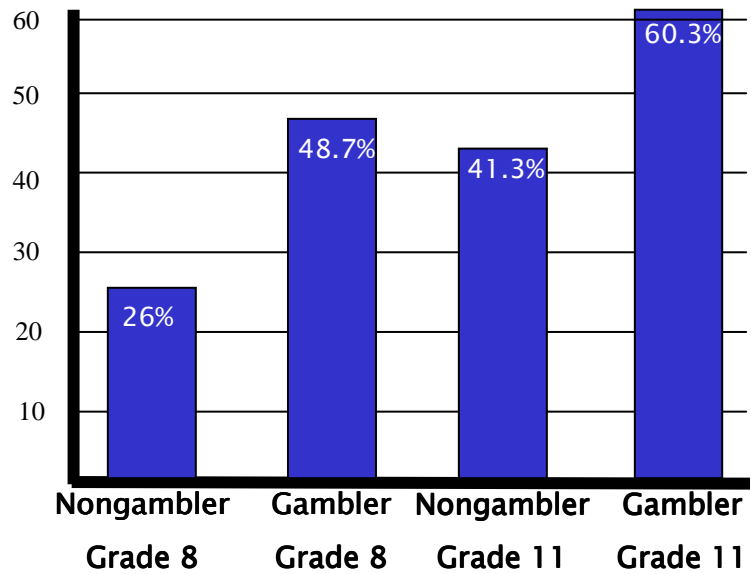
Nongambler Grade 8 Gambler Grade 8 Nongambler Grade 11 Gambler Grade 11

DISP.

MENU

Canon

Drank Alcohol



ISO

FUNC.
SET

MF

DISP.

MENU

DISP.

MENU








- × 1492 - Cards
- × 1612 - Jamestown
- × 1630 - First "law"
- × 1744 - Virginia
- × 1831 - 8 states
- × 1931 - Nevada
- × 1988 - IGRA






- × Scratch-off, etc.
- × Video Gaming
- × Keno
- × Bingo
- × Casino Gaming
- × Horse/Dog Racing



	super bowl: 80.6%
	march madness: 61.2%
	oscars: 15.3%
	presidential election: 6.1%

**CASINO
NIGHT
2005**



- ✘ **Stock Market**
- ✘ **Internet**
- ✘ **Raffles**
- ✘ **Office Pools**
- ✘ **“Casino” Nights**



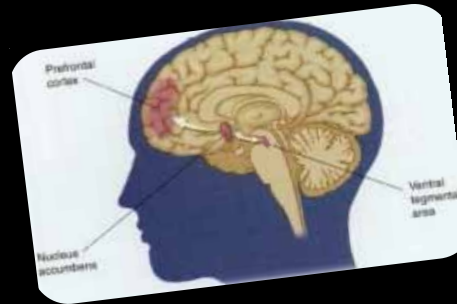
GAMBLING: To risk money or something of value on the outcome of an unpredictable chance event or contest.



PROBLEM: All patterns of gambling behavior that may compromise, disrupt or damage personal or vocational goals.



PATHOLOGICAL: A chronic and progressive disorder that results in the loss of control over gambling.



The Addiction...

Similarities

- × Loss of control
- × Denial
- × Depression & mood swings
- × Progressive
- × Chasing
- × First win (high) remembered
- × Blackouts/brownouts
- × Use as an escape
- × Preoccupation
- × Low self esteem & high ego
- × Use of rituals
- × Similar highs

Differences

- × Hidden addiction
- × Can't overdose-no saturation point
- × Huge financial problems
- × Can function at work
- × Can't be tested
- × Doesn't require ingestion
- × Fewer resources available
- × Perceptions



Stick to limits

(Play with needed or borrowed money)

Hope to win but expect to lose

(Expects to win...keeps playing)

Can take it or leave it

(Always thinking about it)

Gambles once in a while

(Spends more time and money gambling)



WINNING LOSING DESPERATION

Washington County Department of Health and Human Services



Does someone you know...

- × Gamble because of stress or crisis?
- × Lose time from work or school due to gambling?
- × Daydream about gambling?
- × Gamble more than intended?
- × Feel remorse after gambling?
- × Gamble to solve money problems?
- × Continue to gamble despite money problems?
- × Feel the need to “win back” money lost gambling?
- × Break promises to stop or cut back on gambling?
- × Borrow money to gamble



Treatment

LifeWorks Northwest

503/645-9010

Education & Outreach

503/846-4903

24- Hour Crisis Care

Oregon Problem Gambling hotline

1-877-MY LIMIT (1-877-695-4648)

Washington County Department of Health and Human Services

home about sitemap privacy

Oregon Problem Gambling Helpline

Need Help...
Have Questions?
LIVE CHAT HELP
a gambling counselor
is currently
ONLINE
click here

Do I Need Help? I Need Help! Resources Testimonials



Free Confidential Help!

If you are (or someone you know is) gambling too much, you can call the Oregon Problem Gambling Helpline or chat live online with a certified gambling counselor. All information shared is confidential and this service is FREE to Oregon residents.

The Oregon Problem Gambling Helpline has been in operation since 2001. Trained professional staff members are available 24 hours a day, 7 days a week to listen, educate, answer questions, and refer people to free confidential treatment services.

Our staff is available through Live Chat, by Instant Messaging, Email or you can reach us by phone at 1-877-MY-LIMIT. We're here to help! (note: live chat is available Monday - Friday from 9am to 9pm)



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